

## The Hiking Group

### **Hike Schedule for April 2006**

Meet in Safeway parking lot in Ashland at 9:00 am; car pools will leave for trailhead at 9:05 am; passengers reimburse drivers 6¢ per mile. Bring water, lunch, rain gear. TH = trailhead; EDT = estimated drive time; DIM = Dead Indian Memorial Rd; *100 Hikes* = *100 Hikes in Southern Oregon*, 1<sup>st</sup> edition  
Coordinator: Alex Maksymowicz: 482-1964; alexmaks@jeffnet.org

#### April 5, 2006: Lost Creek Lake (North Shore) (p.78 in *100 Hikes*)

TH: Drive 35.5 mi on Hwy 62; turn left on Lewis Rd 1 mi to TH; EDT: 60 min  
Description: “generally level”, pretty trail through the woods along the east shore of Lost Creek Lake past the spur to the Blue Grotto and on to our usual lunch spot at the bench below a rock outcrop overlooking the lake; return the same way  
Distance: about 7 mi RT; elev. gain: about 500 ft. RT mileage: 100 mi

#### April 12, 2006: Lower Table Rock (p.76 in *100 Hikes*)

TH: Follow Table Rock Road (off Biddle Rd in Central Point, near I-5, Exit 33) for 10 mi; turn left on Wheeler Rd 0.8 mi to parking area; EDT: 45 min  
Description: Climb 1.6 mi through woods to plateau (some steep and/or rough stretches); turn left onto a side trail, then meander through flower-filled meadows to the end of the old airstrip some 1.5 miles; return along the old airstrip trail  
Distance: about 6 mi RT; elev. gain: 750 ft. RT mileage: 50 mi

#### April 19, 2006: Rogue River Trail, east from Peyton Bridge (p.79 in *100 Hikes*)

TH: From Medford drive 35.5 mi on Hwy 62; turn left on Lewis Rd to Peyton Bridge TH parking area (east end of Lost Creek Lake); EDT: 60 min  
Description: Follow trail along north shore of Rogue River some 3.5 mi; return same way; substantial ups and downs.  
Distance: about 7 mi RT; total elev. gain: about 1000 ft (estimate). RT mileage: 100 mi

#### April 26, 2005: Mule Mountain Trail (Applegate Valley) (p.228 in *100 Hikes*)

TH: On left hand side of Upper Applegate Road, just past 12 mile marker (5.5 miles beyond the Star Ranger Station); park off pavement wherever you can; EDT: 60 min  
Description: Lovely trail that winds its way up the hillsides above Applegate Valley—should give us a great spring flower display; however, it does go uphill unremittingly.  
Distance: 8 mi RT; elev gain: 2500 ft. RT mileage: 70 mi