

Ashland Newcomers Hiking Group

August 1, 2001,

Hikes take place on Wednesdays. Meet in Safeway parking lot in Ashland at 9:00 am; car pools will leave for trailhead at 9:10 am. We take a lunch break to allow for social interaction and discussion of natural history—bring something to eat. Normally, we should return to Safeway by 2:00 pm. Heavy rain cancels.

Coordinator: Alex Maksymowicz 482-1964

Today's hike: Pacific Crest Trail north off Dead Indian Memorial Highway

Description of next two hikes.

August 8, 2001: Middle Fork Applegate River Trail

Trailhead: In California, about 9 miles beyond the Applegate Dam. Last 5 miles on Forest Road 1040. Estimated drive time to trailhead is about an hour.

Hike 1.5 miles along the river on this National Recreation Trail to a log cabin by a spring. Elevation gain is 300 ft. Return the same way. Those desiring more exercise can continue farther on the trail before turning back.

Lillian and I decided drive to TH was too long. Cannot remember what hike we did instead; possibly PCT from Grouse Gap some 2 miles north and back.

August 15, 2001: Grizzly Peak

Trailhead: About 5.5 miles along Shale City Road off Dead Indian Memorial Highway. Estimated drive time to trailhead is about 30 minutes.

Hike 2 miles through forest summit of Grizzly Peak. Return the same way. Elevation gain is 700 ft, followed by a 100 ft loss that must be recouped on the way back.

Wonderful hike. We celebrated Erika Bird's birthday at the TH. Peggy Smith and Harald and Norm and Ann Rogers came along. Due to forest fires, we did not get any views.

Equipment: sturdy boots with good ankle support are recommended although not essential. Bring water (about 1 quart/liter per person on hot days) and lunch. Temperatures are usually cool in the morning, warming up towards mid-day—easy on/off layers of clothing are a good idea. Use a hat and sunscreen to protect against sunburn. Rain happens—carry a poncho or be prepared to enjoy the liquid sunshine. Insect repellent could also come in handy, especially for midsummer hikes near water.